

**ncds**

National Child  
Development Study

# INTERVIEWER SHOWCARDS

*Life in your early 60's*

<https://natcen.ac.uk/ncds-showcards>



# CARD A1

- 1 Single, that is never married or never in a Civil Partnership
- 2 Married
- 3 Divorced
- 4 Legally separated
- 5 Widowed
- 6 A Civil Partner in a legally recognised Civil Partnership
- 7 A former Civil Partner (where Civil Partnership legally dissolved)
- 8 A surviving Civil Partner (where Civil Partner has died)

# CARD B1

- 1 Every day
- 2 Several times a week
- 3 Once or twice a week
- 4 Once or twice a month
- 5 Every few months
- 6 Once or twice a year
- 7 Less than once a year

# CARD B2

- 1 Every day
- 2 Several times a week
- 3 Once or twice a week
- 4 Once or twice a month
- 5 Every few months
- 6 Once or twice a year
- 7 Less than once a year
- 8 Never

# CARD B3

- 1 Own – outright
- 2 Own – buying with help of a mortgage/loan
- 3 Pay part rent and part mortgage (shared/equity ownership)
- 4 Rent it
- 5 Live rent-free, including rent-free in relative's/friend's property; exclude squatting
- 6 Squatting
- 7 Other arrangement

# CARD B4

- 1 Full-time paid employee (30 or more hours a week)
- 2 Part-time paid employee (under 30 hours a week)
- 3 Full-time self-employed
- 4 Part-time self-employed
- 5 Unemployed and seeking work
- 6 Full-time education
- 7 On a government scheme for employment training
- 8 Temporarily sick/disabled
- 9 Permanently sick/disabled
- 10 Looking after home/family
- 11 Other

# CARD B5

1. University Higher Degree – Doctorate (PhD), Masters Degree (MA, MSc, MPhil)
2. Degree (e.g. BA, BSc)
3. Foundation degree
4. Other degree level qualifications such as graduate membership of professional institutes
5. PGCE (Post-Graduate Certificate of Education) or equivalent
6. Other teaching qualification
7. Nursing or other para-medical qualification
8. Access to Higher Education (HE) Diploma/Scottish Wider Access Programme (SWAP), Accreditation of Prior Learning (APL)/Accreditation of Prior Experiential Learning (APEL)
9. A Level/A2 Level (GCE Advanced Level)
10. AS Level (not complete A Level)
11. Certificate of Sixth Year Studies
12. Advanced Highers
13. Highers
14. Scottish Baccalaureate
15. Welsh Baccalaureate
16. International Baccalaureate
17. GCSE/IGCSE at grades A\* to C or 4 to 9
18. GCSE/IGCSE at grades D to E or 2 to 3
19. Credit Standard Grade/National 5/Intermediate 2
20. General Standard Grade/National 4/ Intermediate 1
21. Foundation Standard Grade/National 3/Access 3
22. Other academic qualification
23. None of these

# CARD B6

1. BTEC/BEC/TEC/EdExcel/LQL
2. GNVQ/GSVQ
3. NVQ/SVQ
4. HNC
5. HND
6. ONC
7. OND
8. Other Diploma - (QCF or equivalent)
9. Other - Award (QCF or equivalent)
10. Other – Certificate (QCF or equivalent)
11. Modern apprenticeship/trade apprenticeship
12. SQA – National Progression Award
13. SQA – National Certificate (Scotland)
14. City and Guilds Certificate
15. Key Skills
16. Basic skills/Skills for Life
17. Functional skills
18. Youth training certificate
19. Entry level qualifications (Wales)
20. RSA/OCR/Clerical and commercial qualifications (e.g. typing/shorthand/book-keeping/commerce)
21. Vocational driving licence e.g. HGV
22. Other vocational, technical, or professional qualification
23. None of the above



# CARD B7

- 1 Single, that is never married or never in a Civil Partnership
- 2 Married
- 3 Divorced
- 4 Legally separated
- 5 Widowed
- 6 A Civil Partner in a legally recognised Civil Partnership
- 7 A former Civil Partner (where Civil Partnership legally dissolved)
- 8 A surviving Civil Partner (where Civil Partner has died)

# CARD B8

- 1 Had grandchildren to stay overnight without their parent(s)
- 2 Looked after your grandchildren when they were ill
- 3 Played with your grandchildren or took part in leisure activities with them
- 4 Prepared meals for your grandchildren
- 5 Helped your grandchildren with their homework
- 6 Taken your grandchildren to, or collected them from, nursery, playgroup or school
- 7 Just been around in case they need me for anything
- 8 None of these

# CARD B9

- 1 Every day
- 2 Several times a week
- 3 Once or twice a week
- 4 Once or twice a month
- 5 Every few months
- 6 Once or twice a year
- 7 Less than once a year
- 8 Never

# CARD B10

- 1 Giving lifts in your car if you have one
- 2 Shopping
- 3 Providing or cooking meals
- 4 Helping with basic personal needs like dressing, eating or bathing
- 5 Washing, ironing or cleaning
- 6 Dealing with personal affairs, e.g. paying bills, writing letters
- 7 Decorating, gardening or house repairs
- 8 Financial help
- 9 Any other help
- 10 None of these (no regular or frequent help given)

# CARD B11

- 1 Every day
- 2 Several times a week
- 3 Once or twice a week
- 4 Once or twice a month
- 5 Every few months
- 6 Once or twice a year
- 7 Less than once a year
- 8 Never

# CARD C1

- |   |                               |    |  |
|---|-------------------------------|----|--|
| 1 | Wanted to buy                 | 9  | Wanted place of own                        |
| 2 | Wanted larger home            | 10 | Due to a relationship breakdown            |
| 3 | Wanted smaller home           | 11 | Due to a new relationship                  |
| 4 | Wanted better home            | 12 | Moved in with friends or family            |
| 5 | Job changed/to be nearer work | 13 | To be nearer relatives                     |
| 6 | Moved for health reasons      | 14 | Needed a cheaper home/couldn't afford home |
| 7 | Moved to better area          | 15 | Other reason                               |
| 8 | For children's education      |    |  |

# CARD C2

- 1 A private residence
- 2 Sheltered housing
- 3 A hotel, boarding house or bed & breakfast
- 4 A hostel for homeless, refuge, YMCA, YWCA etc
- 5 A barracks, nurses' hall of residence, or other accommodation provided by your employer
- 6 A room only at work place
- 7 A prison or remand centre
- 8 A hospital, nursing, care home or similar institution

# CARD C3

- 1 Own – outright
- 2 Own – buying with help of a mortgage/loan
- 3 Pay part rent and part mortgage (shared/equity ownership)
- 4 Rent it
- 5 Live here rent-free, including rent-free in relative's/friend's/employer's property; exclude squatting
- 6 Squatting
- 7 Other arrangement



# CARD D1

- 1 Employee – in paid work
- 2 Self-employed
- 3 Unemployed and seeking work
- 4 In full-time education
- 5 On a government scheme for employment training
- 6 Sick or disabled
- 7 Looking after home or family
- 8 Wholly retired
- 9 Something else

# CARD D2

1. Fixed term or temporary job ended
2. Made redundant
3. Voluntary redundancy
4. Dismissed from a job
5. Retired
6. Left job for health reasons
7. Career break
8. More money
9. Better job
10. Firm closed down or business failed
11. Left to care for family member
12. Moved to a different area
13. Just decided to leave
14. For some other reason

# CARD D3

- 1 To increase income for retirement
- 2 Missed the social side of work
- 3 To increase current income
- 4 Health improved
- 95 Other reason

# CARD D4

- 1 Financial reasons
- 2 Hours required for job
- 3 Change in own health
- 4 Change in health of relative or friend
- 5 To spend more time with family
- 6 To spend more time on other activities
- 7 To spend more time doing the things I enjoy
- 8 Other reason

# CARD D5

- 1 Employee – in paid work
- 2 Self-employed
- 3 Unemployed and seeking work
- 4 Full-time education
- 5 On a government scheme for employment training
- 6 Sick or disabled
- 7 Looking after home or family
- 8 Wholly retired
- 9 Something else

# CARD D6

- 1 Private firm, company or PLC
- 2 Nationalised industry or state corporation
- 3 Central government or Civil Service
- 4 Local government or council (including police, fire services and local authority controlled schools / colleges)
- 5 University or other grant funded education establishment (include 'opted-out' schools)
- 6 Health authority or NHS Trust
- 7 Charity, voluntary organisation or trust
- 8 Armed Forces
- 9 Some other kind of organisation

# CARD D7

- 1 Own ill health
- 2 Ill health of a relative or friend
- 3 Made redundant / dismissed or had no choice
- 4 Offered reasonable financial terms to retire early or take voluntary redundancy
- 5 Was able to take a lump sum from my pension to fund early retirement
- 6 Could not find another job
- 7 To spend more time with partner / family
- 8 To enjoy life while still young and fit enough
- 9 Fed up with job and wanted a change
- 10 To retire at the same time as husband / wife / partner
- 11 Other
- 12 None of these

# CARD D8

- 1 Work from home on a regular basis
- 2 Work in term-time only
- 3 Job share
- 4 Have flexible working hours, or work compressed hours
- 5 Work annualised hours
- 6 Zero-hours contract
- 7 Work on-call
- 8 Take time off for dependants e.g. children, elderly relatives
- 9 None of the above



# CARD D9

- 1 Sitting occupation
- 2 Standing occupation
- 3 Physical work
- 4 Heavy manual work

# CARD D10

- 1 Very satisfied
- 2 Somewhat satisfied
- 3 Neither satisfied nor dissatisfied
- 4 Dissatisfied
- 5 Very dissatisfied

# CARD D11

- 1 Always
- 2 Often
- 3 Sometimes
- 4 Hardly ever
- 5 Never

# CARD D12

- 1 Fixed term or temporary job ended
- 2 Made redundant
- 3 Dismissed from a job
- 4 Left because pregnant
- 5 Left job for health reasons
- 6 Just decided to leave
- 7 Left work to care for family member
- 8 Firm closed down or business failed
- 9 Never worked
- 10 For some other reason

# CARD D13

- 1 There are no jobs in the right place for me
- 2 There are no jobs with the right hours for me
- 3 There are no jobs available for me
- 4 I am in full-time education
- 5 I am on a training course
- 6 My family would lose benefits if I was earning
- 7 I am caring for an elderly or ill relative or friend
- 8 I cannot work because of poor health or disability
- 9 I prefer not to work
- 10 I prefer to be at home with family rather than work
- 11 Too old to be hired or age discrimination
- 12 I have retired
- 13 Other reason

# CARD D14

- 1 Employee – in paid work
- 2 Self-employed
- 3 Unemployed and seeking work
- 4 In full-time education
- 5 On a government scheme for employment training
- 6 Sick or disabled
- 7 Looking after home or family
- 8 Wholly retired
- 9 Something else

# CARD D15

- 1 Private firm, company or PLC
- 2 Nationalised industry or state corporation
- 3 Central government or Civil Service
- 4 Local government or council (including police, fire services and local authority controlled schools / colleges)
- 5 University or other grant funded education establishment (include 'opted-out' schools)
- 6 Health authority or NHS Trust
- 7 Charity, voluntary organisation or trust
- 8 Armed Forces
- 9 Some other kind of organisation

# CARD D16

- 1 Their own ill health
- 2 Ill health of a relative or friend
- 3 Made redundant / dismissed or had no choice
- 4 Offered reasonable financial terms to retire early or take voluntary redundancy
- 5 Was able to take a lump sum from their pension to fund early retirement
- 6 Could not find another job
- 7 To spend more time with partner or family
- 8 To enjoy life while still young and fit enough
- 9 Fed up with job and wanted a change
- 10 To retire at the same time as husband / wife / partner
- 11 Reached state retirement age
- 12 Other
- 13 None of these



# CARD D17

- 1 We share and manage our household finances jointly
- 2 We keep our finances completely separate
- 3 Some other arrangement

# CARD D18

1. Laid off or made redundant by employer with a prospect of being called back
2. Permanently laid off or made redundant by employer / employer ceased trading
3. Hours were cut by employer or, if self-employed, worked less hours due to reduced business activity
4. Formally cut hours on own request
5. Informally reduced hours / worked flexible hours
6. Put on furlough
7. Took **paid leave** to self-isolate or quarantine
8. Required by employer to take **paid leave** (other than to self-isolate or quarantine)
9. Took **unpaid** leave to self-isolate or quarantine
10. Took **unpaid** leave (other than to self-isolate or quarantine)
11. Had to temporarily cease business activities
12. Had to permanently close own business
13. None of these

# CARD E1

- 1 Jobseeker's Allowance
- 2 Income Support
- 3 Sickness, disability or incapacity benefits (including Employment and Support Allowance)
- 4 Pension benefits (including State Pension and Pension Credits)
- 5 Child Benefit
- 6 Tax credits, such as the Working Tax Credit, Disabled Person Tax Credit or Child Tax Credit
- 7 Any other family related benefit or payment
- 8 Housing Benefit or Council Tax Reduction (including direct payments to your landlord)
- 9 Carer's Allowance
- 10 Income from a Coronavirus state benefit (including Self-Employment Income Support Scheme, Test and Trace Support Payment scheme)
- 11 Income from any other state benefit
- 12 None of these

# CARD E2

- 1 Incapacity Benefit
- 2 Employment and Support Allowance
- 3 Severe Disablement Allowance
- 4 Personal Independence Payment
- 5 Disability Living Allowance
- 6 Return to Work Credit
- 7 Attendance Allowance
- 8 Industrial Injury Disablement Benefit
- 9 War Disablement Pension
- 10 Sickness and Accident Insurance
- 11 Any other disability related benefit or payment
- 12 None of these

# CARD E3

- 1 NI Pension or State Retirement (Old Age) Pension
- 2 Pension Credit including Guarantee Credit and Savings Credit
- 3 Widow's or War Widow's Pension
- 4 Widowed Mother's Allowance, Widowed Parent's Allowance or Bereavement Allowance
- 5 War Disablement Pension
- 6 None of these

# CARD E4

- 1 Foster Allowance or Guardian Allowance
- 2 Maternity Allowance
- 3 In-Work Credit (for lone parents)
- 4 Statutory Maternity, Paternity or Adoption Pay (from your employer or former employer)
- 5 None of these

# CARD E5

## **Please include:**

Pensions you or your employer are currently contributing to

Pensions you or an employer have contributed to in the past

Pensions you are currently receiving an income from

Pension schemes from which you have withdrawn all funds

## **Please exclude:**

State pensions

Pensions you have inherited from another individual such as a deceased partner or parents

# CARD E6

- 1 An employer provided scheme, including occupational and group pensions
- 2 A personally provided scheme, including self-invested personal pensions, individual personal pensions and individual stakeholder pensions
- 3 Don't know



# CARD E7

## 1 **TYPE A** – DEFINED CONTRIBUTION

Pension contributions put into a fund which grows over time.

The amount of money you will get at retirement is not guaranteed.

Pension depends on: how much was paid in, how well the investments have done and how you take the money (annuity/adjustable income/lump sums).

Also known as money purchase pension.

Example: The National Employment Savings Trust (NEST).

## 2 **TYPE B** – DEFINED BENEFIT

Pension based on formula involving age, years of service and salary.

The amount you receive in retirement is guaranteed and linked to how long you have worked for your employer.

Pension pays out a secure income for life.

More likely to have one of these pensions if you have worked for a larger employer or Public Sector e.g. teachers, fire fighters.

Also known as ‘final salary’ or ‘career average’ pension schemes.

## 3 **DON'T KNOW**

# CARD E8

- 1 Started receiving or withdrawing funds from this pension
- 2 Have withdrawn all funds from this pension
- 3 Changed employer
- 4 Employer no longer offers this pension scheme
- 5 No longer eligible to contribute to this pension scheme
- 6 Opted out of contributing to this pension scheme
- 7 Exempt from contributing to this scheme
- 8 Other reason

# CARD E9

- 1 Withdrawn your entire pension funds in one lump sum
- 2 Withdrawn a tax free lump sum from your pension fund
- 3 Taken an adjustable income – either as a regular income (flexible access drawdown) or several small lump sums (UFPLS or FLUMPS)
- 4 Purchased an annuity to give you a guaranteed income
- 5 None of the above

# CARD E10

- 1 Withdraw your entire funds from this pension scheme in one lump sum
- 2 Withdraw a tax free lump sum from this pension fund.
- 3 Take an adjustable income – either as a regular income (flexible access drawdown) or several small lump sums (UFPLS or FLUMPS)
- 4 Purchase an annuity to give you a guaranteed income
- 5 All funds already withdrawn
- 6 Haven't decided yet

# CARD E11

## **Please include:**

Pensions you or your employer are currently contributing to

Pensions you or an employer have contributed to in the past

Pensions you are currently receiving an income from

Pension schemes from which you have withdrawn all funds

## **Please exclude:**

State pensions

Pensions you have inherited from another individual such as a deceased partner or parents

# CARD E12

## **Please include:**

Pensions they or their employer are currently contributing to

Pensions they or an employer have contributed to in the past

Pensions they are currently receiving an income from

Pension schemes from which they have withdrawn all funds

## **Please exclude:**

State pensions

Pensions they have inherited from another individual such as a deceased partner or parents

# CARD E13

- 1 An employer provided scheme, including occupational and group pensions
- 2 A personally provided scheme, including self-invested personal pensions, individual personal pensions and individual stakeholder pensions
- 3 Don't know

# CARD E14

## 1 **TYPE A** – DEFINED CONTRIBUTION

Pension contributions put into a fund which grows over time.

The amount of money they will get at retirement is not guaranteed.

Pension depends on: how much was paid in, how well the investments have done and how they take the money (annuity/adjustable income/lump sums).

Also known as money purchase pension.

Example: The National Employment Savings Trust (NEST).

## 2 **TYPE B** – DEFINED BENEFIT

Pension based on formula involving age, years of service and salary.

The amount they receive in retirement is guaranteed and linked to how long they have worked for their employer.

Pension pays out a secure income for life.

More likely to have one of these pensions if they have worked for a larger employer or Public Sector e.g. teachers, fire fighters.

Also known as ‘final salary’ or ‘career average’ pension schemes.

## 3 **DON'T KNOW**



# CARD E15

- 1 Started receiving or withdrawing funds from their pension(s)
- 2 They have withdrawn all funds from their pension(s)
- 3 Changed employer
- 4 Employer no longer offers the pension scheme
- 5 No longer eligible to contribute to their pension scheme
- 6 Opted out of contributing to their pension scheme
- 7 Partner exempt from contributing to their pension scheme
- 8 Other reason

# CARD E16

1. Income from investments, including interest on savings
2. Education grants/studentships
3. Training/government training scheme allowance
4. Rent from boarders, lodgers or sub-tenants/rent from other property
5. Allowance for a foster child
6. Regular cash help from parents
7. Regular cash help from children
8. Regular cash help from other relatives or friends outside the household
9. Income received from a pension scheme transferred to you from another individual such as a previous spouse, partner or parent
10. Other income from organisations or other persons outside the household
11. Any other source of regular family/household income
12. None of these

# CARD E17

	<b>WEEKLY</b>		<b>MONTHLY</b>		<b>ANNUAL</b>
G	Less than £20	G	Less than £90	G	Less than £1,000
A	£20 less than £40	A	£90 less than £170	A	£1000 less than £2,000
Q	£40 less than £60	Q	£170 less than £280	Q	£2,000 less than £3,300
E	£60 less than £100	E	£280 less than £420	E	£3,300 less than £5,000
J	£100 less than £140	J	£420 less than £620	J	£5,000 less than £7,500
D	£140 less than £220	D	£620 less than £940	D	£7,500 less than £11,300
K	£220 less than £270	K	£940 less than £1160	K	£11,300 less than £14,000
O	£270 less than £330	O	£1160 less than £1,420	O	£14,000 less than £17,000
N	£330 less than £400	N	£1,420 less than £1,720	N	£17,000 less than £20,700
H	£400 less than £460	H	£1,720 less than £1,990	H	£20,700 less than £23,900
F	£460 less than £560	F	£1,990 less than £2,420	F	£23,900 less than £29,000
L	£560 less than £680	L	£2,420 less than £2,920	L	£29,000 less than £35,100
I	£680 less than £780	I	£2,920 less than £3,360	I	£35,100 less than £40,300
C	£780 less than £900	C	£3,360 less than £3,880	C	£40,300 less than £46,600
B	£900 less than £1,150	B	£3,880 less than £4,970	B	£46,600 less than £59,700
R	£1,150 less than £1,470	R	£4,970 less than £6,370	R	£59,700 less than £76,500
P	£1,470 less than £1,740	P	£6,370 less than £7,550	P	£76,500 less than £90,600
M	£1,740 or more	M	£7,550 or more	M	£90,600 or more

# CARD E18

- 1 An account at a bank, building society or elsewhere
- 2 Premium Bonds or National Savings Accounts or Certificates
- 3 ISA – Cash or Tessa
- 4 ISA – Stocks and shares or PEPS
- 5 Stocks and/or Shares which are not part of an ISA (including share options, employee share ownership or share clubs)
- 6 Unit or Investment Trusts/Bonds and Gilts which are not part of an ISA (government or corporate)
- 7 Other Savings or Investments
- 8 None of these

# CARD E19

- 1 Credit card
- 2 Store card
- 3 Car finance
- 4 Hire purchase agreement(s), not including agreements for cars
- 5 Personal loan(s) (from bank, building society or other financial institution)
- 6 Catalogue or mail order purchase agreement(s)
- 7 DWP Social Fund loan
- 8 Overdrafts
- 9 Other loan(s) from a private individual
- 10 Student loan
- 11 Other debts not listed here

# CARD E20

- 1 Living comfortably
- 2 Doing all right
- 3 Just about getting by
- 4 Finding it quite difficult
- 5 Finding it very difficult

# CARD F1

1. University Higher Degree – Doctorate (PhD), Masters degree (MA, MSc, MPhil)
2. Degree (e.g. BA, BSc)
3. Foundation degree
4. Other degree level qualifications such as graduate membership of professional institutes
5. PGCE (Post-Graduate Certificate of Education) or equivalent
6. Other teaching qualification
7. Nursing or other para-medical qualification
8. Access to Higher Education (HE) Diploma/Scottish Wider Access Programme (SWAP), Accreditation of Prior Learning (APL)/Accreditation of Prior Experiential Learning (APEL)
9. A Level/A2 Level (GCE Advanced Level)
10. AS Level (not complete A Level)
11. Certificate of Sixth Year Studies
12. Advanced Highers
13. Highers
14. GCSE/IGCSE
15. Credit Standard Grade/National 5/Intermediate 2
16. General Standard Grade/National 4/Intermediate 1
17. Foundation Standard Grade/National 3/Access 3
18. Other academic qualification
19. None of the these

# CARD F2

1. BTEC/BEC/TEC/EdExcel/LQL
2. GNVQ/GSVQ
3. NVQ/SVQ
4. HNC
5. HND
6. ONC
7. OND
8. Other Diploma - (QCF or equivalent)
9. Other - Award (QCF or equivalent)
10. Other – Certificate (QCF or equivalent)
11. Modern apprenticeship/trade apprenticeship
12. SQA – National Progression Award
13. SQA – National Certificate (Scotland)
14. City and Guilds Certificate
15. Key Skills
16. Basic Skills/Skills for Life
17. Functional Skills
18. Entry level qualifications (Wales)
19. RSA/OCR/Clerical and commercial qualifications  
(e.g. typing/shorthand/book-keeping/commerce)
20. Vocational driving licence e.g. HGV
21. Other vocational, technical, or professional  
qualification
22. None of the above



# CARD F3

1. University Higher Degree – Doctorate (PhD), Masters Degree (MA, MSc, MPhil)
2. Degree (e.g. BA, BSc)
3. Foundation degree
4. Other degree level qualifications such as graduate membership of professional institutes
5. PGCE (Post-Graduate Certificate of Education) or equivalent
6. Other teaching qualification
7. Nursing or other para-medical qualification
8. Access to Higher Education (HE) Diploma/Scottish Wider Access Programme (SWAP), Accreditation of Prior Learning (APL)/Accreditation of Prior Experiential Learning (APEL)
9. A Level/A2 Level (GCE Advanced Level)
10. AS Level (not complete A Level)
11. Certificate of Sixth Year Studies
12. Advanced Highers
13. Highers
14. GCSE/IGCSE at grades A\* to C or 4 to 9, O-Level at grades A to C
15. GCSE/IGCSE at grades D to E or 2 to 3, O-Level at grades D to E, Certificate of Secondary Education (CSE)
16. Credit Standard Grade/National 5/Intermediate 2/Ordinary (O) Grade(s)
17. General Standard Grade/National 4/ Intermediate 1
18. Foundation Standard Grade/National 3/Access 3
19. Other academic qualification
20. None of these

# CARD G1

- 1 I am registered (or have been offered to be registered) as having sight impairment or severe sight impairment (also known as partial sight or blindness)
- 2 I am under the care of the specialist eye doctor / eye team at a hospital
- 3 I used to be under the care of a specialist eye doctor / eye team at a hospital
- 4 Even when I wear my glasses or contact lenses my eyesight still causes me problems
- 5 When I wear my glasses or contact lenses my eyesight does not cause me any problems
- 6 I do not wear glasses or contact lenses and have no problems with my eyes or eyesight

# CARD G2

- 1 My eye problems have made it difficult to do social distancing in public places
- 2 My eye problems have made it difficult to do my job
- 3 My eye problems have made it difficult for me to continue my education or training
- 4 My check-ups or tests with the specialist eye doctor/ eye team have been delayed or cancelled
- 5 My treatment (including operations) for my eye problem has been delayed
- 6 The problem with my eyes or eyesight have worsened
- 7 None of these

# CARD G3

- 1 Asthma or wheezy bronchitis
- 2 Other respiratory problems including infections such as pneumonia (do not include Coronavirus)
- 3 Hayfever (seasonal allergic rhinitis) or persistent sneezing/runny nose (perennial allergic rhinitis)
- 4 (Sugar) Diabetes
- 5 Cancer or Leukaemia
- 6 High blood pressure
- 7 Raised cholesterol
- 8 Heart problems
- 9 Stroke
- 10 Dementia
- 11 None of these

# CARD G4

- 1 Emphysema
- 2 Pneumonia
- 3 Persistent cough/bringing up phlegm
- 4 Coronavirus-related respiratory problem not mentioned above
- 5 Other respiratory problem

# CARD G5

- |   |                                |    |  |
|---|--------------------------------|----|--|
| 1 | Leukaemia                      | 8  | Cancer of the cervix                     |
| 2 | Hodgkins disease               | 9  | Cancer of the testes                     |
| 3 | Lymphoma                       | 10 | Prostate cancer                          |
| 4 | Skin cancer                    | 11 | Colon cancer (including<br>bowel cancer) |
| 5 | Bone cancer                    | 12 | Stomach cancer                           |
| 6 | Breast cancer                  | 13 | Lung cancer                              |
| 7 | Cancer of the uterus<br>(womb) | 14 | Other cancer                             |

# CARD G6

- 1 Heart attack
- 2 Coronary heart disease
- 3 Angina
- 4 Congestive heart failure
- 5 Other heart problem

# CARD G7

- 1 Ischemic stroke (where a blood vessel bursts)
- 2 Haemorrhagic stroke (where blood supply is stopped due to a clot)



# CARD G8

- 1 Alzheimer's disease
- 2 Dementia with Lewy bodies
- 3 Frontotemporal dementia
- 4 Vascular dementia
- 5 Young onset dementia

# CARD G9

- 1 Recurrent backache, prolapsed disc, sciatica or other back problem
- 2 Problems with hearing
- 3 Problems with eyes or eyesight (**Do not include problems which are resolved by wearing glasses or contact lenses** – e.g. short sightedness, long sightedness or astigmatism)
- 4 Chronic fatigue syndrome (ME)
- 5 Problems with stomach, bowels or gall bladder
- 6 Problems with bladder or kidneys
- 7 Arthritis
- 8 Osteoperosis
- 9 Thyroid disorder
- 10 Eczema or other skin problems
- 11 Migraines
- 12 Long COVID
- 13 None of these

# CARD G10

- 1 Partial or total hearing loss in one ear
- 2 Partial or total hearing loss in both ears
- 3 Repeated ear infections/discharge
- 4 Tinnitus
- 5 Meniere's disease
- 6 Other hearing problem

# CARD G11

- 1 Diabetes associated eye disease
- 2 Glaucoma
- 3 Cataract(s)
- 4 Age related macular degeneration
- 5 Visual disturbances such as colour blindness or night blindness
- 6 Permanent loss of vision associated with injury/trauma
- 7 Blindness or low vision (also known as sight impairment or partial sight)
- 8 Other eye problem

# CARD G12

- 1 A peptic, duodenal or gastric ulcer
- 2 Gallstones
- 3 Irritable bowel syndrome or IBS
- 4 Ulcerative colitis or Crohn's disease
- 5 Other condition

# CARD G13

- 1 Nephritis
- 2 Kidney/bladder stones
- 3 Infection of the kidney/bladder (pyelitis)
- 4 Blood in urine
- 5 Other kidney/bladder problem

# CARD G14

- |   |                      |    |                       |
|---|----------------------|----|-----------------------|
| 1 | Left shoulder        | 10 | Right foot/ankle/toes |
| 2 | Right shoulder       | 11 | Left hip              |
| 3 | Left elbow           | 12 | Right hip             |
| 4 | Right elbow          | 13 | Left knee             |
| 5 | Left wrist           | 14 | Right knee            |
| 6 | Right wrist          | 15 | Spine                 |
| 7 | Left hand/fingers    | 16 | Neck                  |
| 8 | Right hand/fingers   | 17 | Other                 |
| 9 | Left foot/ankle/toes |    |                       |

# CARD G15

- 1 Goitre
- 2 Hyperthyroidism
- 3 Hypothyroidism
- 4 Other



# CARD G16

- 1 Eczema
- 2 Psoriasis
- 3 Acne
- 4 Cold sores
- 5 Fungus infections
- 6 Recurrent mouth ulcers
- 7 Contact dermatitis
- 8 Other skin problem

# CARD G17

1	Shoulder (Scapula)	12	Pelvis
2	Upper arm (Humerus)	13	Spine
3	Elbow	14	Ribs
4	Lower arm (Radius/Ulna)	15	Collar (Clavicle)
5	Wrist	16	Jaw
6	Hand, fingers or thumb	17	Nose
7	Knee	18	Face
8	Ankle, foot and toes	19	Skull
9	Lower leg (Tibia/Fibula)	20	Neck
10	Upper leg (Femur)	21	Other bone
11	Hip joint (Neck of femur)		

# CARD G18

Take part in competitive sport of any kind

Go to 'keep fit' or aerobics classes

Go running or jogging

Go swimming

Go cycling

Go for walks

Take part in water sports

Take part in outdoor sports

Go dancing

Take part in any other sport or leisure activity which involves physical exercise

# CARD G19

- 1 Normal strength (less than 6% alcohol) beer, lager, stout, ale or cider
- 2 Strong beer, lager, stout, ale or cider (6% alcohol or more)
- 3 Spirits or Liqueurs (e.g. Gin, Whisky, Brandy, Rum, Vodka, Advocaat, Cocktails)
- 4 Sherry or similar (including Martini, Port, Vermouth, Cinzano and Dubonnet)
- 5 Wine (including sparkling wine and Champagne)
- 6 Alcoholic soft drinks or 'alcopops' or pre-mixed alcoholic drinks such as Bacardi Breezer, Smirnoff Ice or WKD
- 7 Other alcoholic drinks
- 8 None

# CARD H1

- 1 Discussed symptoms with doctor/GP/practice nurse
- 2 Discussed symptoms on telephone with NHS 111 or NHS 24
- 3 Accessed online advice at NHS 111 or NHS 24
- 4 Visited pharmacist
- 5 Visited A&E or walk in centre
- 6 None of these

# CARD H2

- 1 Yes – a lateral flow test, throat swab, nasal swab, saliva test or nasal mucus test for **current infection**
- 2 Yes – a finger stick, blood test, serology test or antibody test for **past infection** and/or vaccination
- 3 Yes – but I don't know which type
- 4 No

# CARD H3

- 1 I was able to function as normal
- 2 1-3 days
- 3 4-6 days
- 4 1 week or more but less than 2 weeks
- 5 2 weeks or more but less than 4 weeks
- 6 4 weeks or more but less than 12 weeks
- 7 12 weeks or more

# CARD H4

- 1 Post-viral fatigue
- 2 A blood clot in the leg, heart, lung or brain
- 3 A heart condition
- 4 A lung condition
- 5 A condition affecting the mind or brain
- 6 A condition affecting the nervous system outside the brain
- 7 Thyroid disease
- 8 Other



# CARD H5

- |    |                         |    |                                    |
|----|-------------------------|----|------------------------------------|
| 1  | Fever                   | 11 | Fatigue                            |
| 2  | Cough – dry             | 12 | Unusual loose motions or diarrhoea |
| 3  | Cough – mucus or phlegm | 13 | Vomiting                           |
| 4  | Sore throat             | 14 | Loss of smell                      |
| 5  | Chest tightness         | 15 | Loss of taste                      |
| 6  | Shortness of breath     | 16 | Skin rash                          |
| 7  | Runny nose              | 17 | Headaches                          |
| 8  | Nasal congestion        | 18 | Any other symptoms                 |
| 9  | Sneezing                | 19 | None of these                      |
| 10 | Muscle or body aches    |    |                                    |

# CARD H6

- 1 Excessive tiredness or exhaustion
- 2 Less strength in your muscles than usual
- 3 More weakness than usual
- 4 Difficulties concentrating
- 5 Your memory being worse than usual
- 6 Strange, unpleasant sensations in your skin, such as pricking, tingling or burning
- 7 Shortness of breath that limited what you wanted to do
- 8 Your heart racing (palpitations) when you are not exercising
- 9 None of these

# CARD H7

- 1 Covid-19 vaccine safety not proven yet
- 2 Covid-19 vaccine effectiveness not proven yet
- 3 I have had Coronavirus, so may be immune
- 4 I am not worried about catching Coronavirus
- 5 Distrust of officials
- 6 Vaccines are not safe in general
- 7 I have a medical condition or allergy which would make it unsafe for me to be vaccinated
- 9 Other reason

# CARD J2

## NHS

We would like your permission to add information about you from your health records, held by the NHS organisations, to the information we collect throughout the study.

Records kept by the NHS Digital in England, the NHS Wales Informatics Service's Information Services Division (ISD), and the Information Services Division (ISD) of NHS National Services Scotland, include information about:

- admissions or attendances at hospital (such as dates of admission, discharge or attendance, diagnoses received, treatments given, surgical procedures),
- visits to family doctor or other health professional (e.g. midwife),
- specific conditions (such as cancer or diabetes),
- and prescriptions given.

# CARD J3

## HMRC

We would like your permission to add information about you from economic records, held by the Her Majesty's Revenue and Customs, to the information we collect throughout the study.

Records kept by Her Majesty's Revenue and Customs (HMRC) include information about employment, earnings, tax credits, occupational pensions and National Insurance Contributions

# CARD J4

## DWP

We would like your permission to add information about you from economic records, held by the Department for Work and Pensions, to the information we collect throughout the study.

Records kept by the Department for Work and Pensions (DWP) include information about benefit claims and participation in employment programmes.

# CARD K1

1	Husband/Wife	14	Natural brother/sister
2	Partner/Cohabitee	15	Half-brother/sister
3	Natural son/daughter	16	Adopted brother/sister
4	Adopted son/daughter	17	Foster brother/sister
5	Foster son/daughter	18	Step-brother/sister
6	Step-child/child of partner	19	Brother/sister-in-law
7	Son/daughter in-law	20	Uncle/aunt
8	Grandchild	21	Cousin
9	Natural parent	22	Nephew/niece
10	Adoptive parent	23	Other relative
11	Foster parent	24	Other – it is an organisation
12	Step-parent/partner of parent	25	Other non-relative
13	Parent-in-law or partner's parent		